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About IHPM™

The Institute for Health and Productivity Management (IHPM) is a non-profit global enterprise created in 1997 to establish the full value of employee health as an economic asset and investment in workplace productivity and business financial performance. Health and wellbeing, and their impact on productivity, are global issues connected with the success of companies and nations. IHPM champions the idea of health as “human capital” – as important as skills and technology, and the greatest untapped source of competitive advantage in a global marketplace. The Institute helps employers:

- **Identify** the total economic cost impact of employee health issues on business performance – especially lost productivity;
- **Make** the best investments to reduce this economic cost impact by improving employee health and workplace productivity;
- **Measure** the success of their efforts in improved financial results and a supportive company “culture of health” for the future.

To put this idea into action, IHPM developed the Health & Productivity Management (HPM) model, demonstrated that it works through multiple field projects with employers, and published its results in the research literature. The Institute works globally with all the major stakeholders in workplace health – health service providers, pharmaceutical makers, health plans and government ministries, as well as employers.

WorkPlace Wellness Alliance™ (Created by the World Economic Forum [WEF], Powered by IHPM)

CEOs from a global group of multinational companies called upon the World Economic Forum (WEF) in Geneva to establish the WorkPlace Wellness Alliance (WPWA) to focus on targeted wellness and prevention activities to reduce the total workplace cost burden of chronic health risks and conditions, including lost productivity. In 2013, the WEF transferred global leadership of the Alliance to IHPM at its annual meeting in Davos, Switzerland. Through a Global Steering Group and Business Leadership Council – as well as on-site Chapters established in China, the Middle East, and Russia and a network of affiliates in Europe, the UK, and Asia-Pacific – IHPM | WPWA pursues its mission to “advance health and performance globally.”

Pursuing the Mission

IHPM | WorkPlace Wellness Alliance pursues its mission by:

- **servicing as the global resource** on health and productivity management;
- **developing tools, metrics, and methods** to drive and measure better health and performance;
- **educating and equipping** all stakeholders to gain greater value from improving employee health and wellbeing.

Academy for Health and Productivity Management™

Having developed and proven the HPM Model in real-world employer settings, through its Academy for Health & Productivity Management, the Institute now provides professional training and certification in the discipline of HPM in two ways:

- on-site 2-day sessions for health service, occupational medicine and human resource professionals;
- on-site 1-day Executive sessions for senior corporate managers.

WorkPlace Centers™

IHPM's WorkPlace Centers advance definition, diagnosis and management of the health risk factors and chronic conditions with the greatest impact on employers' total economic cost burden of illness. The Centers provide a focus for the Institute's field research projects and educational forums, which deliver special value to participating employers and sponsors while creating new knowledge to be shared through IHPM's publications and worldwide events. Current **WorkPlace Centers** are: (1) **Metabolic Health** (2) **Behavioral Health & Wellbeing** (3) **Respiratory Health** and (4) **Sleep Health & Wellness**; under development are (5) **Cardiovascular Health** (6) **Chronic Pain Management** and (7) **Living & Working with Cancer**.

Conferences/Forums/Publications/Advertorials

IHPM provides thought leadership and features successful examples of best corporate health management practices through customized conferences and forums in the U.S., China, Europe, and the Middle East. The Institute also publishes the peer-reviewed **International Journal of Health & Productivity**, as well as Special Editions of its **Health & Productivity Management** magazine, Academy Research Briefs from the published literature, original “White Papers,” and reports of results from workplace field studies.

Consultation

IHPM provides on-site consultation to clients, employing a team of former health and medical leaders from the corporate world who have track records of proven success in business settings.

We invite you to join us in this mission by becoming a member of IHPM. Learn more about our worldwide activities by calling us at +1.480.305.2100 or from our website www.ihpm.org

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