In Brief This Issue:

• Factors affecting return to work
• Estimated productivity loss due to migraine

Estimating productivity loss due to migraine

The effects of migraine may be greater than suspected. In a recent collaboration between Bank One and University of Michigan, one in five Bank One employees reported a history of migraine — only back pain and allergies were more common. This prevalence was 14% higher than expected from the literature.

Across the Bank One population, of approximately 87,000 annually.

Estimated lost work days: 120,000 to 135,000.

cost of lost work: $21 to $24 million

Based on expected rates of absence and reduced work effectiveness, companies with similar employee populations can project the expected impact of migraines on their employees’ performance.

For every 1000 full time employees:

<table>
<thead>
<tr>
<th>women</th>
<th>men</th>
</tr>
</thead>
<tbody>
<tr>
<td>Migraineurs</td>
<td>234</td>
</tr>
<tr>
<td>Lost work days</td>
<td>1895</td>
</tr>
<tr>
<td>Cost of lost days</td>
<td>$366K</td>
</tr>
</tbody>
</table>

*based on reported HRA prevalence, full time employees and gender averages.

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